














STARTERS			
<div><div></div><div></div></div>	MELANZANE (starter portion) Layers of brinjal, basil, Parmesan & napolitana sauce topped with mozzarella and baked in the pizza oven		95
	HALLOUMI & PROSCIUTTO CRUDO Thin slices of prosciutto & grilled halloumi served with rocket & lemon		115
	CAPRESE & PROSCIUTTO CRUDO Thin slices of prosciutto with slices of tomato, fior de latte mozzarella & basil		125
	POLPETTE Homemade beef meatballs slow cooked in our napolitana sauce served with toasted ciabatta		99
	CHICKEN LIVERS Sautéed with onions, white wine, napolitana sauce with a hint of chilli & garlic		95
<div><div></div><div></div></div>	MUSSELS Steamed mussels served either in a cream & tomato sauce or white wine cream sauce		115
	GRILLED CALAMARI Choose between grilled calamari tubes or tentacles or both		105
	MINESTRONE SOUP Hearty Italian vegetable soup		90
	CAPRESE Slices of fior di latte mozzarella, tomato & fresh basil with a touch of basil pesto		135
SALADS			
<div><div></div><div></div></div>	HOUSE Iceberg lettuce, avo*, onion, feta cheese, tomato, cucumber, egg & olives <i>The House Salad can be ordered for the table (serves 4-6 people)</i>		110 220
	GRILLED CHICKEN House salad topped with grilled chicken breasts (170g)		145
	STEAK House salad topped with strips of grilled fillet steak (170g)		174
	CALAMARI House salad topped with tender grilled calamari (160g)		174
	SMOKED SALMON House salad topped with smoked salmon (80g)		174
CHOPPED SALADS		<div><div></div><div></div></div> Chopped salads are served without lettuce – add lettuce for R10	
<div><div></div><div></div></div>	CHOPPED GREEK Tomato, olives, cucumber, onion & feta cheese		110
	CHOPPED CHICKEN Grilled Chicken (170g), chopped tomatoes, cucumber, onion, carrots, feta cheese, olives & avo*		145
	CHOPPED STEAK Grilled fillet steak (170g), chopped tomatoes, cucumber, onion, carrots, feta cheese, olives & avo*		174
	CHOPPED CALAMARI Grilled calamari (160g) chopped tomatoes, cucumber, onion, carrots, feta cheese, olives & avo*		174
	CHOPPED HALLOUMI SALAD Chopped grilled halloumi, cucumber, avo*, sundried tomatoes, asparagus* & olives		145
FOCACCIA <div></div>			
HERB	60	TOMATO & GORGONZOLA	110
GARLIC	60	BIANCO Mozzarella & garlic	95
ROSEMARY & SEA SALT	60	LA MED: Caramelised onion, rocket, feta, olives, sundried tomato & a balsamic reduction	135
FETA & CARAMELISED ONIONS	90		

PIZZA			
<div><div></div><div></div></div>	CUSTOMIZE YOUR PIZZA Calzone (folded pizza) Gluten free base (large only) Vegan mozzarella	+ R20 + R35 + R35	
		M	L
<div><div></div><div></div></div>	MARGHERITA Classic mozzarella & tomato	88	98
	REGINA Mushrooms & ham	119	138
	HAWAIIAN Ham & pineapple	119	138
	PEPPERONI Margherita base with pepperoni	119	138
	ROMA Salami, mushrooms, olives & onion	134	158
<div><div></div><div></div></div>	POLLO Chicken, peppadews & avo*	134	158
	PISANA Bacon, feta & avo*	134	158
	QUATTRO STAGIONI Ham, mushrooms, olives & artichokes	134	158
	SICILIANA Olives & anchovies	134	158
	VERDURA Mushrooms, onion, green pepper, olives, artichokes & capers	134	158
<div><div></div><div></div></div>	MARINARA Mussels, calamari & prawns	154	180
	ROBERTO Grilled prawns, calamari, roasted cherry tomatoes & a touch of chilli	154	180
	RUSTICA Grilled strips of fillet steak, caramelised onions, roasted cherry tomatoes, rocket & a balsamic reduction	154	180
	MEXICANA Bolognese, onion, green pepper, chilli & garlic	149	170
	DEL SOLÉ Italian sausage, sundried tomatoes, chilli, garlic & avo*	154	180
<div><div></div><div></div></div>	PARMA HAM & ROCKET Thinly sliced parma ham & fresh rocket	154	180
	POLPETTE Our home made beef meat balls & fresh basil leaves	149	170
	QUATTRO FORMAGGI Mozzarella, gorgonzola, feta & parmesan	142	165
	MEDITERRANEAN Baby spinach, feta & olives	134	158

PASTA			
The following pasta options are available: spaghetti, linguine & penne. Bear in mind certain pastas complement certain sauces better. Any additional changes to sides carry an extra charge.			
	CUSTOMIZE YOUR DISH Gluten free (please allow for extra cooking time) Zucchini noodles	+R25 +R25	Gnocchi Ravioli +R25 +R25
	Napolitana Traditional tomato & basil sauce		110
	AURORA Napolitana sauce with cream		135
	ARRABIATA Napolitana sauce with chilli, garlic & green pepper		130
	PESTO Basil, pine nuts, olive oil Add cream		130 15
	ALFREDO Ham & mushrooms in a cream sauce Substitute ham with chicken		149 149
	BOLOGNESE The old classic beef mince sauce		149
	POLPETTE Delicious home made beef meat balls in napolitana sauce		152
	RUSTICA Grilled strips of fillet steak, onion, cherry tomatoes & garlic tossed in olive oil & topped with fresh rocket		180
	FILETTO Grilled strips of fillet steak, mushrooms & onions in a napolitana & cream sauce		180
	ROBERTO Grilled calamari, prawns, roasted cherry tomatoes tossed in olive oil, garlic & a touch of basil pesto		180
	FRUTTI DI MARE Mussels, prawns, calamari in a white wine napolitana sauce with a hint of garlic Also available in creamy white sauce		180 180
	POLLO TRICOLORE Chicken, mushrooms, sundried tomatoes and baby spinach in a cream sauce		159
	VEGETERIANA Grilled baby marrows, brinjals, artichokes and cherry tomatoes in a napolitana sauce		145
	SOLÉ MIO Sundried tomatoes & calamata olives tossed in olive oil & finished with feta & fresh rocket		135
	PRIMA VERA Broccoli, artichokes & fresh cherry tomatoes tossed in olive oil & basil pesto		145
	INCAZZATA Napolitana sauce, green pepper, basil pesto, chilli, garlic & a touch of cream		152
BAKED PASTA		 Topped with mozzarella cheese & baked in the pizza oven	
AURORA Napolitana sauce with cream	145	ALLESSANDRO Bacon, mushrooms, onions & garlic in a creamy napolitana sauce topped with fresh slices of avo*	180
LASAGNE Layers of pasta sheets, bolognese, besciamella sauce & Parmesan	159	 MELANZANE Layers of brinjal, basil, Parmesan & napolitana sauce	159
 VEGETERIANA Grilled baby marrows, brinjals, artichokes and cherry tomatoes in a napolitana sauce	156		

 The following dishes are served with your choice of two of the following: hand cut chips, roasted sweet potatoes, brown rice or grilled vegetables.

Any changes or additions will be charged accordingly.

GRILLS

FILLET STEAK (250g) Prime aged fillet steak rubbed with olive oil, salt & pepper <i>Add a sauce: Madagascar, mushroom, pepper or gorgonzola</i>	270 <i>40</i>
RIB-EYE (300g) Prime aged Rib-eye steak rubbed with olive oil, salt & pepper <i>Add a sauce: Madagascar, mushroom, pepper or gorgonzola</i>	280 <i>40</i>
LAMB CUTLETS Three succulent grilled lamb loin cutlets rubbed with olive oil & seasoned with salt & pepper	290

CHICKEN

GRILLED CHICKEN BREASTS Grilled chicken breasts, seasoned & brushed with olive oil	150
NAPOLITANA Grilled chicken breasts finished in a light white wine, napolitana sauce	170
FUNGHI Grilled chicken breasts finished in a cream and mushroom sauce	170
CHICKEN SCHNITZEL Tender panko crumbed chicken breast <i>Add a Sauce: creamy mushroom or cheese</i>	156 <i>40</i>

SEAFOOD

CALAMARI Tender calamari grilled with olive oil & lemon <i>Choose between tubes or tentacles (or both)</i>	220
GRILLED SALMON Norwegian salmon grilled to your liking	249
GRILLED HAKE Hake fillet grilled with olive oil, lemon & herbs <i>Also available in a lemon butter sauce</i>	160

SIDES



HAND CUT CHIPS	40	GRILLED VEGETABLES <i>Baby marrows, artichokes, cherry tomatoes, brinjals</i>	40
ROASTED SWEET POTATOES	40		
BROWN RICE <i>Wild brown rice with a touch of napolitana sauce & butter</i>	40	SIDE SALAD <i>Lettuce, tomatoes, cucumber, feta cheese, olives, red onion & avo</i>	40

COFFEE & HOT DRINKS

<i>Almond milk</i>	<i>+R9</i>
<i>Decaf</i>	<i>+R9</i>
AMERICANO	29
ESPRESSO	29
DOUBLE ESPRESSO	33
CAPPUCCINO	35
CORTADO	35
CAFFE LATTE	38
COFFEE FREEZO	48
HOT CHOCOLATE / MILO	38
CAFFE MOCHA	40
CHAI LATTE	38
TEA	28
SPECIALITY TEAS	30

<i>Liqueur</i> COFFEES	LIQUEUR COFFEE Irish, Cape Velvet, Kahlua, Amaretto, Frangelico	60
	DOM PEDRO Irish, Cape Velvet, Kahlua, Amaretto, Frangelico	60



 Vegetarian  Subject to availability

GEORGE Outeniqua Lifestyle Centre Cnr Saint George's Road & Park Road, George	073 097 0782 079 394 4280
MORNINGSIDE The Wedge Shopping Centre 255 Rivonia Road Morningside, Sandton	011 804 8866 011 804 0415
LINKSFIELD The Neighbourhood Square Club Street, Linksfield	082 686 1719 076 866 5905

Join us on Facebook & Instagram and stay up to date with our latest specials and promotions.



polpetta



polpettaristorante

